



福音戒賭中心  
The Christian Centre for  
Gambling Rehabilitation

Newsletter June 2022

Praise God! On June 11, our centre participated in the "**Hongkongers London Friendship Festival**" organized by the London City Mission at Hendon Park in North London. We hosted a popular booth titled "Say No to Gambling!" that attracted children, adults, and even seniors.

The day was blessed with lovely weather, and our volunteers served with passion, energy, and love, warmly welcoming newcomers from Hong Kong and all attendees. Through engaging games, informative displays, and pamphlets, we spread the message of rejecting gambling and promoted the centre's services and activities.



The booth was a hit! Children had fun, volunteers worked up a sweat, and opportunities arose to chat with adults about the Christian Centre for Gambling Rehabilitation.

## **Voices of Recovery: "Because I Want a Fresh Start!"**

We interviewed members of our centre (former gambling addicts) to understand their journeys:

### **Why They Started Gambling**

- Introduced to gambling by family or friends.
- Grew up in environments where gambling was normalized.
- Boredom, loneliness, or escapism from life's hardships (e.g., broken relationships).
- Greed.
- Misunderstanding gambling as harmless entertainment.

### **The Illusion of Early-Stage Gambling**

- Short-term joy from winning.
- Temporary escape from stress.
- False belief in self-control.

### **Consequences of Addiction**

- Financial ruin: Lost savings, borrowed money, and spiralling debt.
- Family breakdown: Strained marriages, neglected children.
- Loss of self-worth: Lies, broken trust.

### **Why They Chose to Quit**

- Desperation: "I was drowning in debt, jobless, and isolated—working only to feed my addiction."
- Guilt: "I failed my children and spouse, causing irreversible harm."
- Fear: "Loan sharks hounded me; every phone call terrified me."
- Hope: "Because I want to rebuild my life!"

## Why They Turned to the Christian Centre for Gambling Rehabilitation

- "I met someone in a casino covered in self-inflicted cigarette burns—pain couldn't stop him. But the Bible says, 'I desire to do what is good, but I cannot carry it out' (Romans 7:18). Here, I found freedom."
- "I relapsed after years of 'quitting.' Only through this centre and God's grace did I truly stop."
- "We need fellow strugglers for support. As Jesus said, 'With man this is impossible, but with God all things are possible' (Matthew 19:26)."
- "Faith in Christ, Scripture, and regular fellowship gave me strength to resist."

## Wisdom from Survivors

- "You can choose not to gamble. Tomorrow doesn't have to mirror today. The choice is yours."
- "I won big once, but before I could count the chips, I lost them all."
- "Avoid carrying cash—it tempts you to gamble."
- "Gambling steals not just money but dignity, conscience, and trust."
- "Only Jesus transforms lives! Living by the Bible brings blessings!"

If you or someone you know struggles with gambling, reach out for a fresh start.

## Support Our Mission

Our work is funded entirely by donations from churches and individuals. Your support to us via prayers, donations and volunteering would be highly appreciated.

Enquiry Telephone number 0207833 8626 Centre manager Aaron

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Upcoming Event: July 18–20, 2022  
Stay tuned for exciting gatherings!



## 第三屆全歐福音戒賭研討會

「問題賭徒的康復：信仰與科學之光」

18/07/2022 (星期一)

上午10:00 第1講 - 「戒賭事工、華人文化、與教會使命」

上午11:30 第2講 - 「從實踐經驗探討福音戒賭」  
(個案研討: 信主後仍賭錢)

下午2:00 第3講 - 「問題賭博的隱藏驅動力」

下午3:30 第4講 - 「信仰與輔導結合的全人戒賭」

19/07/2022 (星期二)

上午10:00 第5講 - 「如何牧養賭徒和其家人」

上午11:30 第6講 - 「女性問題賭博」

下午2:00 第7講 - 「如何幫助賭徒家人」

下午3:30 第8講 - 「如何溝通及突破孤立與迴避」之認知行為治療

20/07/2022 (星期三)

上午10:00 第9講 - 「預防青少年網絡賭博」

上午11:30 第10講 - 「如何以信仰與輔導結合的小組課程介入病態賭博」

下午2:00 第11講 - 「英國網上賭博問題, 如何脫離及預防」

下午3:30 第12講 - 「如何抗衡賭博文化? 宣傳教育下一代?」

主要講員

李菊子博士 Dr Bonnie Lee  
(加拿大萊斯布里奇大學副教授)

陳鎮國牧師 Revd Jimmy Tan  
(澳門工福問題賭徒復康中心)

陳烈明先生 Mr Peter Chan  
(福音戒賭中心主任)

你的羊群有上述的困難嗎? 作為牧者, 如何牧養受賭博問題困擾的家庭呢?  
受賭博問題困擾的肢體, 有想過幫助家人戒賭嗎?

語言: 粵語

全時間或部份時間, 親身、網上或混合參與均可

費用全免, 歡迎自由奉獻(已繳費的參加者將獲安排退還款項)

午膳(免費供應)彼此聯絡

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